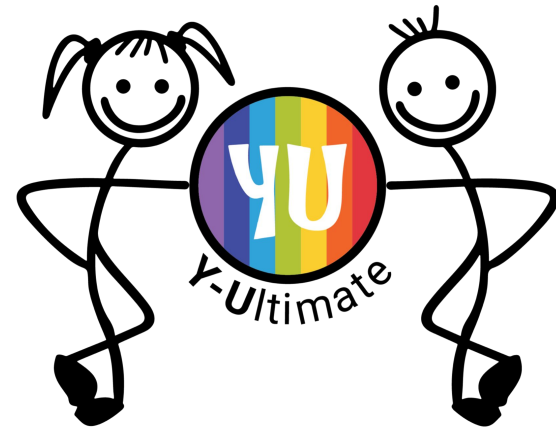


Y-Ultimate Annual Report 2019-20



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Registered as “Flyingdisc Development Foundation”
under Section 8 of Indian Companies Act, 2013 and is
approved under Section 80(g) of the Income Tax Act, 1961

The Problem

Social and emotional learning (SEL) is critical to the overall development of a child, to help them sustain and thrive through the many challenges they face. SEL include skills such as self-awareness, situational awareness, self regulation, decision making, conflict resolution, sensitivity to diversity and inclusion.

However, our educational curriculums and school system is not set up to focus effectively on SEL. In our experience, schools that cater to children from socio-economically challenged backgrounds lapse on this front as most schools do not have the resources to guide such learning.

Furthermore, many children opt homeschooling and are therefore shaped entirely by their immediate social environments and find even fewer opportunities for SEL, impeding them from growing into socially responsible citizens.

Sport is a proven mechanism to develop SEL. Ultimate Frisbee is a team based, self-refereed, mixed gender, non-contact field sport with a low barrier to entry and has many stages for growth. We have found Ultimate Frisbee to be particularly well suited for SEL due to its mix of unique characteristics.





Our mission is to impart social and emotional learning in children, especially those from lesser privileged socio-economic backgrounds, through the sport of Ultimate Frisbee

The Playbook

Impact

Make positive choices to invest in self-development (e.g. more active involvement in their education)

Symptoms of change

Improvement in physical fitness and energy

Exposure to new habits, values and change stories

Earn income to sustain playing and working towards other goals

Practice Ultimate

Interventions

Aspire and commit to meaningful goals, on-field and off-field

Play Competitive

Winning reinforces discipline, perseverance

Losing builds humility, patience and a desire to improve

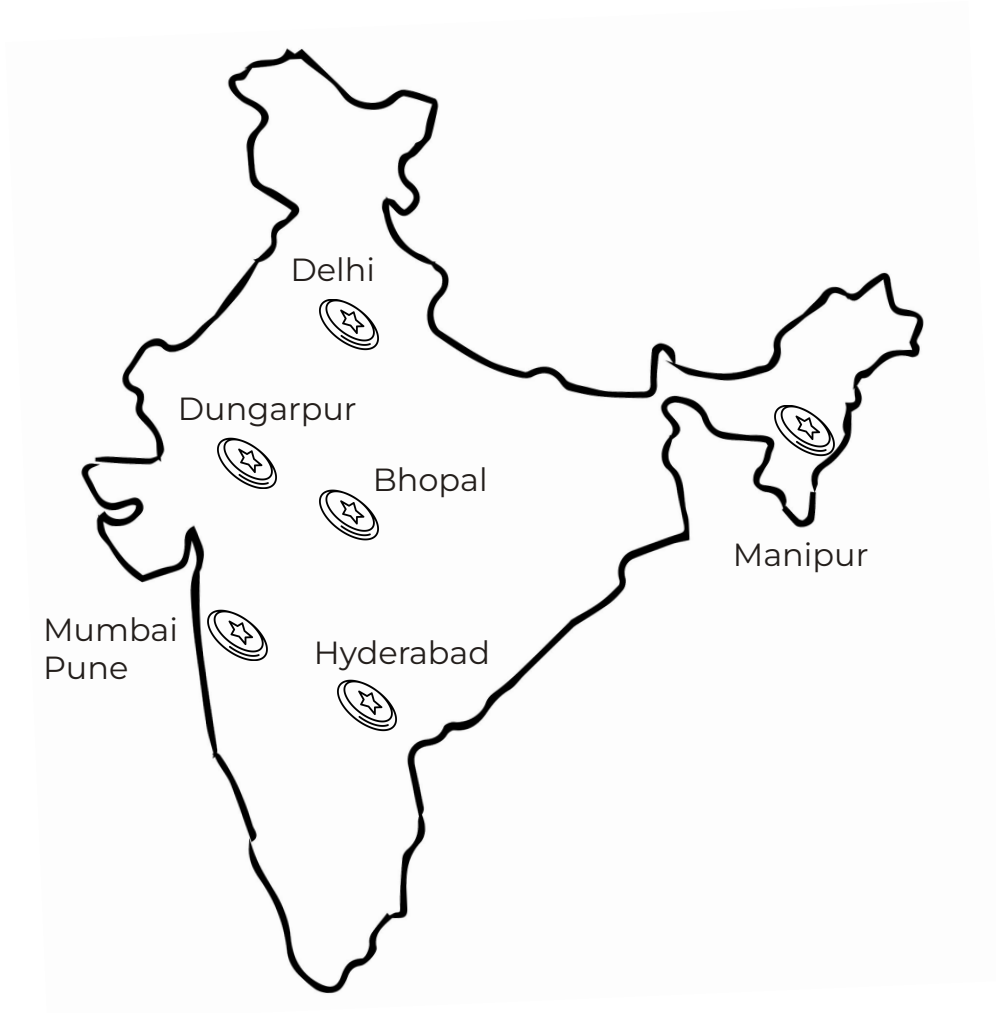
Expand social network and awareness of opportunities

Coach Ultimate (Pay-it-forward)

Develop empathy and communication skills as well as, hone technical game skills through teaching

Create a multiplier effect, pulling more beneficiaries into the cycle of change

2019 at a glance



6 states across India



7 cities



25 partner organisations & schools



1241 children in our outreach

Gender ratio



We also got selected for;

TEACHFORINDIA Innovat**ED** Incubator

Impact stories

Anita comes from a tribal village in Jharkhand. Girls her age in her community, including many of her cousins are married with their own children. Although her family moved to Delhi from Jharkhand many years ago, her surroundings did little to guide or grow her aspirations in life.

Three years ago, Anita passing by Park, saw the Ultimate Frisbee disc flying in the air and couldn't resist getting involved. She was welcomed to join in and she became a regular attendee at the practice sessions. Initially, Anita barely spoke. She was accustomed to being a follower with no opinions of her own; she followed commands like a machine. However over a period of time, with her game skills her confidence and social skills grew. Anita started taking an active interest in her team; she started taking ownership for not just hers but her teams performance as a whole. She recognised the power of voice and started participating in conversations and discussions. She became more aware of herself and her environment.





Anita would not ignore the contrast in gender dynamics on the field, where boys and girls were equal participants, and off the field in her community and family that had shaped her behaviour. She became a vocal revolutionary for safeguarding equal rights on the game field and not letting the norms of the society creep in. She fought hard against any discriminatory behaviours or bullying amongst her fellow players.

Responding to her determination, hardwork and attitude both on and off the field, Anita was elected by the team as their captain. In her first tournament as captain, she led her team to the spirit medal - the most prestigious award in Ultimate Frisbee.

Beyond Ultimate, she has successfully completed her senior secondary education, a first in her family for girls. Anita is now in her 2nd year of college, in Delhi University, studying political science. She wants to affect policy changes so that women like her sisters will get the option of working towards their aspirations rather than getting married and bearing children at a young age.

Impact stories

Laxman is the youngest in a family of five. Driven by competition and a desire to excel, Laxman is full of energy as a person. However as is the case with most of his peers, he was lacking any guidance or direction. Laxman's closest influencers through his childhood were his two older brothers.

Unfortunately both brothers were actively involved in many destructive habits and were not helpful role models in any manner. Laxman started to adopt many of their practices including smoking cigarettes at the age of 12; his energy was channeled into many delinquent behaviours in his community.

With Ultimate Frisbee, he found new purpose and platform. He wanted to excel in every aspect of the sport and did not shy away from putting in the effort from the start. He worked tirelessly to master skills on the field. He realised how tobacco would hamper his growth in the sport and was able to get rid of the habit altogether. However, not all behaviours changed as easily.





Laxman displayed aggression on the field and showed a lack of empathy when dealing with opponents as well as fellow teammates who weren't as good as him.

Ultimate as with all team sports and it requires collaboration and teamwork to win. While it took time, continuously playing competitive tournaments helped him realise this. His achievements were not as sweet as when they were just his alone. With feedback from his teammates, he was able to understand that he had anger management issues and he reached out to the team for help. Everyone came together to support him in this journey of his.

Today Laxman is known as one of the most spirited players on the field. He regularly wins the "Most Spirited Player" award in tournaments. He has also found purpose off the field and inspired by the ethos of the sport, wants to become a lawyer to fight for all those people who are unable to get justice. He is working hard towards his law entrance examination.

Impact stories
On field



Impact stories

GK MAD

Spirit winners & 1st position - Sectionals 1 and 2, North Zone

2nd position - Regionals Single Gender, North and West Zone

Spirit winners & 3rd position - Regionals Mixed Gender, North and West Zone

GK Crazy

3rd position - Sectionals 1 and 2, North Zone

10th position of 18 teams- Regionals Single Gender, North and West Zone

Crazy Mad Ovaries

Spirit winners & 3rd Position - Ultimate Women 2019, Mumbai

6th position of 14 teams - Regionals Single Gender, North and West Zone

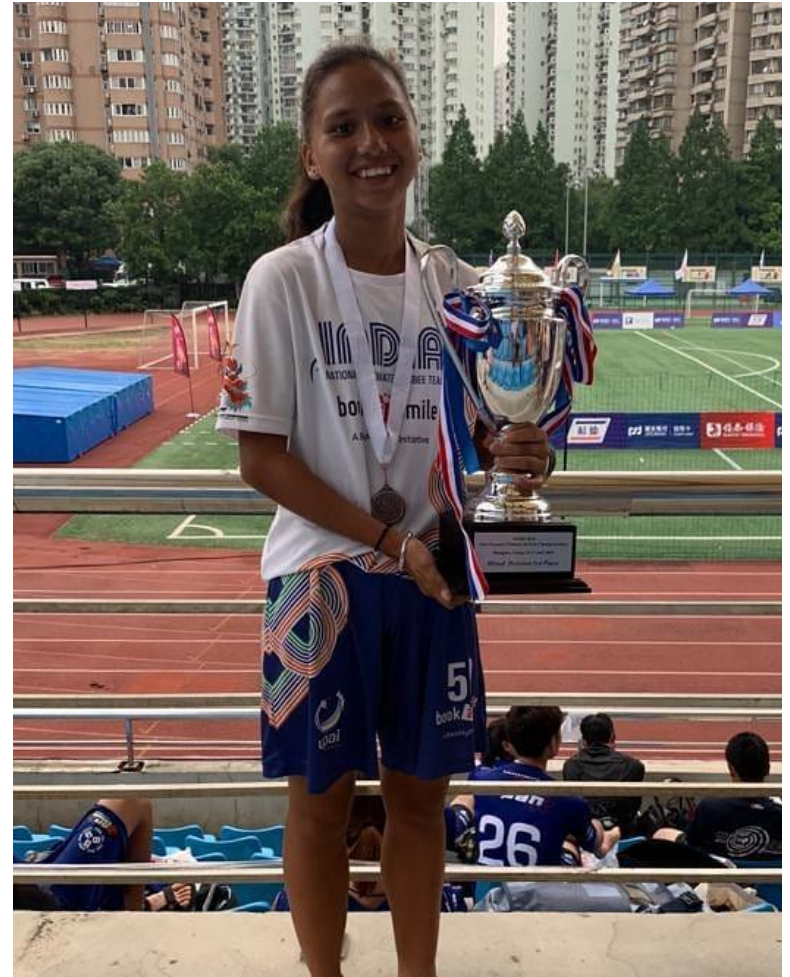
13 players were selected from **GK Mad** for a 20 players squad that were to represent **Delhi** at the first ever **Interstate Championship** tournament, to be held in the city of Bangalore.

However, the tournament was postponed due to Covid-19.





Kalpana Bisht represented Team India at World U-24 Ultimate Championship 2018 at **Perth, Australia**.



Megha Rawat represented Team India at Asia Oceanic Ultimate Grass Championship 2019 at **Shanghai, China**. The Indian team won a bronze medal at this championship.



Kalpana Bisht, Megha Rawat and Sanya Singh got selected to represent the Indian U-20 Women's team at the World Junior Ultimate Championship which was to be held in **Malmö, Sweden** in July 2020. However, the tournament was postponed due to Covid-19



Ankit Lakra and Vikas Jana reached the final tryouts stage of the mixed team representing India at the World Ultimate and Guts Championship 2020 which was scheduled to be held at **Leeuwarden, Netherlands** in July 2020.

Pay-it-forward

Singnat is a small village in the conflict affected area of Manipur. Football is a popular pastime in Singnat but it is very much a boy's game, roughing it out on the field to win.





Nilay, one of our many peer-leader coaches, made a trip to Singngat. Our objective was to introduce Ultimate as part of the educational curriculum set by Sunbird.

Nilay spent two weeks introducing Ultimate in 3 schools. He also identified and mentored a peer leader, Boigin Haokip, who would continue to lead practice sessions. In a short span of time, children were so gripped by the sport that despite a lack of proper gear, they were not willing to miss out on practice sessions. This was also followed by a lot of stories of good spirit and exemplary behaviour on the field influenced by the ethos of the sport.

After 2.5 months, we went back to Singngat and organised a tournament kicking off the second phase of interventions. The tournament was a success. The village chief, impressed by the development, pledged more support to use Ultimate as a development platform.



The work continues, most recently Boigin travelled to Delhi and spent 2 weeks, getting first hand training in coaching in communities along with our very own youth coaches. On Boigin's return, he started training at a 4th school; today there are over 80 children actively participating in the program.

Similar to Nilay story with Sunbird trust in Singngat in Manipur, our 16 other peer leaders have partnered with 25 different NGO's/Schools/Communities multiplying our reach to over 1200 children across India.

Our partners

Art of Play, Delhi

Peepul School, Delhi

Teach For India, Delhi (Sangam Vihar)

ABHAS, Delhi

Sri Aurobindo Ashram, Delhi

RMX Foundation of New Hope, Delhi

Kids Education Revolution, Delhi

St. Stephen's College, Delhi

PRIA (Society for Participatory Research in Asia), Delhi

Leh Leh Sports, Delhi

The Mother's International School, Delhi

Decathlon, Delhi

USHA International, Gurgaon

American Express, Gurgaon

Sunbird Trust, Singngat, Manipur

The Apprentice Project, Maharashtra

Muskan, Bhopal, Madhya Pradesh

Creativity Adda, Surata, Rajasthan

Avasara Academy, Pune, Maharashtra

Teach for India, Hyderabad (Malakpet)

Our team



Vivekanand Srivastava
(Director)



Ashitha Razzak
(Strategy)



Rohit Kohli
(COO)



Benoy Stephen
(Director)

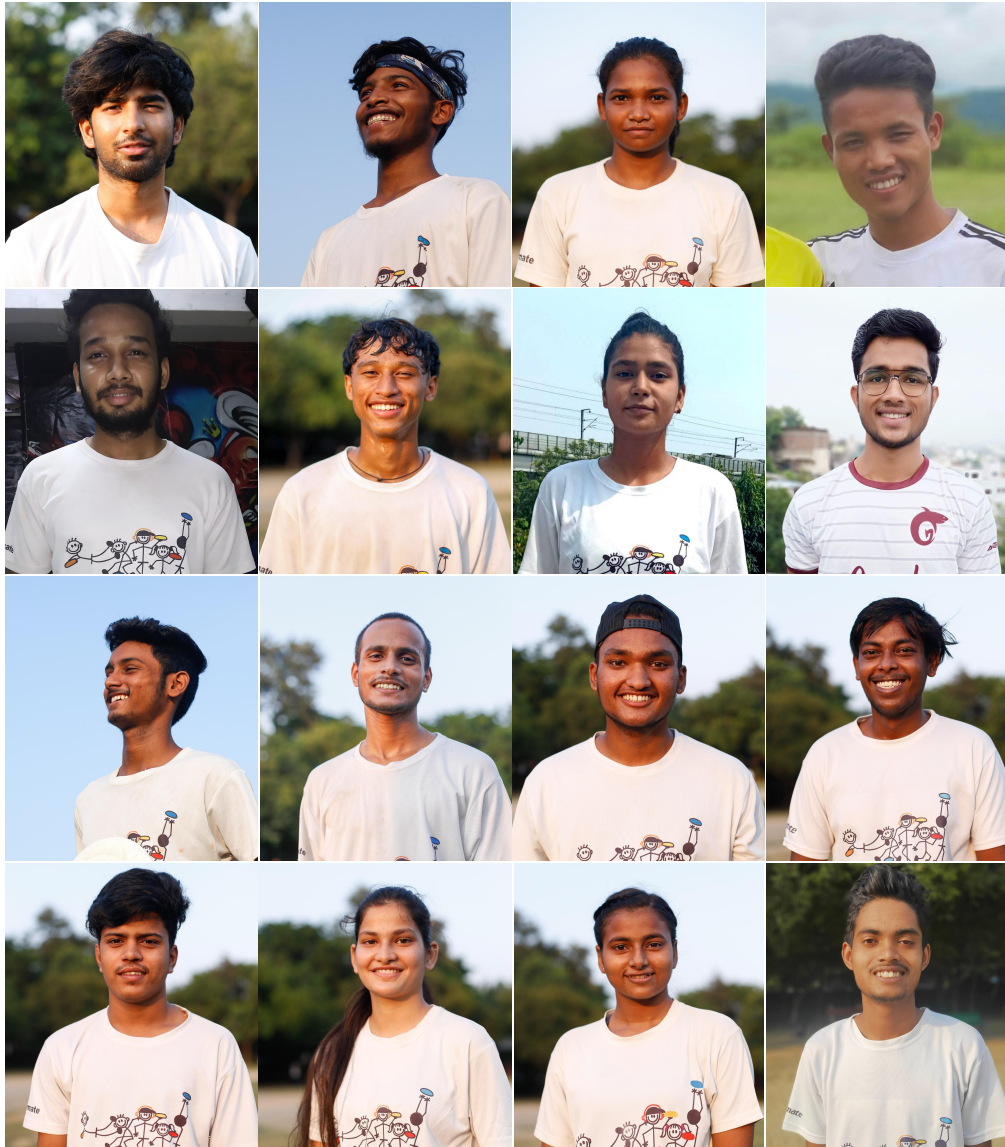


Mounika Nelli
(Fundraising)



Aditya Mazumdar
(Communication)

Our peer coaches



Abhishek Sanag

Ankit Lakra

Anita Bhengra

Boigin Haokip

Deepak Kumar

Dinesh Rajali

Kalpana Bisht

Kunal Jagtap

Laxman Rai

Manjeet Singh

Mohit Rawat

Nilay Bhowmick

Rohit Mandal

Sanya Singh

Sapna Dalvi

Vikas Jana

Us in the media

Documentary film on GK Mad

A FILM BY

FARKHANDA ZAHOOR | IVNEET KAUR | MOHD AQIB USMAN
NAWANG PHUNTSOG | SHAHINDA SYED | SHREY JAIN

FAIR PLAY

Story of an Ultimate life



Screenshots from FairPlay - Trailer



Screenshots from FairPlay - First Cut

Us in the media



Megha Rawat - Her Story



TISVA 21 July 2018

Video on GK Mad by USHA Tisva



Video by Art of Play on our community coaching through GK Mad

Us in news

GD Goenka launches Ultimate Frisbee for students

By **Daily Excelsior** - 20/05/2018



GK MAD at GD Goenka 2018

TH Of flying discs and dreams SHARE ON f t r w e p

METRO PLUS

Of flying discs and dreams

APRIL 16, 2019 00:00 IST
UPDATED: APRIL 16, 2019 04:58 IST

SHARE ARTICLE f t r w e p PRINT A | A | A

Children from economically underprivileged homes are training for the now-popular Ultimate Frisbee challenges

The Hindu's Article on GK Mad

The Indian EXPRESS
Sunday, September 20, 2020

Home India Cities Opinion Sports Entertainment Lifestyle Tech Videos Explained Audio Epaper SUBSCRIBE Square yards Sign in

WISHBOX Now drive home a Star EMI-free for 3 months. Know more

TOP NEWS The dancing plague that struck many in medieval Europe <>

Home / Sports / Infusing inclusivity and breaking gender barriers, one flying disc at a time

Infusing inclusivity and breaking gender barriers, one flying disc at a time

Delhi Ultimate in collaboration with Usha International, Y-Ultimate and 91 Ultimate had recently organised the Delhi HAT 2019 tournament in New Delhi at Jasola stadium.

News Article on Delhi HAT Tournament + Y-Ultimate

INUTH HOME INDIA WORLD SPORTS ENTERTAINMENT TRENDS LIFESTYLE MUSIC BEYOND TH

HOME / INDIA / BOYS EQUAL GIRLS: HOW ULTIMATE FRISBEE IS HELPING KIDS DEFY DIFFERENCES

this disc inside the endzone and that becomes a score

Boys Equal Girls: How Ultimate Frisbee Is Helping Kids Defy Differences

Inuth's News Article on GK MAD

Financial Statement

CASH FLOW STATEMENT FOR THE YEAR ENDED 31st March 2020

in rupees

	Particulars	As at 31st March 2020
A.	Cash Flow From Operating Activities	
	Net Profit before tax and extraordinary items	
	(as per Statement of Profit and Loss)	334,248.70
	Adjustments for non Cash/ Non trade items:	
	Finance Cost	41.30
		334,290.00
	Operating profits before Working Capital Changes	
	Adjusted For:	
	Increase / (Decrease) in other current liabilities	26,670.00
	(Increase) / Decrease in other current assets	-12,130.00
	Cash generated from Operations	348,830.00
	Net Cash flow from Operating Activities (A)	348,830.00
B.	Cash Flow From Investing Activities	
C.	Cash Flow From Financing Activities	
	Finance Cost	-41.30
	Net Cash used in Financing Activities (C)	-41.30
D.	Net Increase / (Decrease) in Cash & Cash Equivalents(A+B+C)	348,788.70
F.	Cash & Cash Equivalents at End of period	348,788.70
G.	Net Increase / (Decrease) in Cash & Cash Equivalents(F-E)	348,788.70

BALANCE SHEET as at 31st March 2020

in rupees

Particulars	Note No.	As at 31st March 2020
EQUITY AND LIABILITIES		
Shareholder's funds		
Share capital		-
Reserves and surplus	1	334,248.70
Money received against share warrants		-
		334,248.70
Share application money pending allotment		-
Non-current liabilities		
Long-term borrowings		-
Deferred tax liabilities (Net)		-
Other long term liabilities		-
Long-term provisions	2	-
Current liabilities		
Short-term borrowings		-
Trade payables		-
(A) Micro enterprises and small enterprises		-
(B) Others		-
Other current liabilities	3	1,670.00
Short-term provisions	2	25,000.00
		26,670.00
TOTAL		360,918.70
ASSETS		
Non-current assets		
Fixed assets		-
Tangible assets		-
Intangible assets		-
Capital work-in-Progress		-
Intangible assets under development		-
Non-current investments		-
Deferred tax assets (net)		-
Long-term loans and advances		-
Other non-current assets		-
Current assets		
Current investments		-
Inventories		-
Trade receivables		-
Cash and cash equivalents	5	348,788.70
Short-term loans and advances		-
Other current assets	6	12,130.00
		360,918.70
TOTAL		360,918.70



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